

Embassy of India

BANGKOK

PRESS RELEASE

Celebration of the 7th International Day of Yoga 2021

The 7th International Day of Yoga was celebrated with the theme of “YogaForWellness” by the Embassy of India, Bangkok on 20 June 2021 with participation of around 35 people following Covid-19 safety protocols in wake of the pandemic situation. Participants in small groups from various Indian associations, business chamber, universities joined through hybrid mode from multiple locations in Bangkok as well as in Ubon Ratchathani, Rayong, Songkla, Chiang Mai, Pattaya & Phuket and performed the yoga protocol simultaneously. The programme was also streamed live at the Embassy’s facebook and Youtube accounts.

Ambassador of India to Thailand, H.E. Ms. Suchitra Durai delivered the welcome remarks. She highlighted about how India’s Prime Minister Narendra Modi proposed in the UN General Assembly in 2014 to observe 21 June as the International Day of Yoga and the proposal was adopted by consensus by UN General Assembly. She also pointed out about importance of Yoga for physical and mental health, particularly during the pandemic. She also spoke about the launch of the certification of foreign yoga professionals by Indian Council for Cultural Relations through the Indian embassies and Indian Cultural Centres abroad.

The Yoga protocol was coordinated by yoga instructors Mr. Sanjeev Chaturvedi and Ms. Jiraporn Oh of Divine Yoga.

June 20, 2021

Bangkok